

The Harrier

Volume 1

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DUTCH DELIGHT

For most of our Dutch friends it was their first trip to England and it was rather unfortunate that most of the weekend the County was covered in fog. But nevertheless I think they did enjoy their weekend with us. Out of the 20 that arrived, 16 took on the Canterbury 10; and most found the going a little tough, due mainly to the hills. They certainly had some good quality runners and were a little unlucky to finish just outside the team prizes, but they did have an individual prize winner in Bouke Pitstra who took the 2nd Male Vet Prize.

Many thanks to Fayne Stone, Maurice Bennett, Sue & Jerry Reilly, Helen Paine and Dave Lightburn who were good enough to step forward and offer accommodation to our guests and who participated in the evening activities. From my part, I was disappointed at the turnout of Harriers to meet the Dutch and I do hope that, should they decide to come back again next year, we can put on a better show for them.

There will be a return trip to Holland in June for anyone that is interested. They have a 10k race around their own village of Hoorn during the Saturday evening of the 7th, which of course will be followed by a few beers. I will be making enquiries as to the cost and travel arrangements in the next couple of weeks and further information will be given in the February Newsletter.

Full list of both Hollandia and Harrier finishers can be found in the Results page.



Some of the Hollandia and Harriers after the race.



Bouke, 2nd Male Vet Winner in fine voice during Saturday's Karaoke evening at the Kings School.

NEW HEADQUARTERS

Following various problems encountered at the Kingsmead Leisure Centre over the past few months, we were invited by the Kings School Recreation Centre, St Stephens Road, Canterbury to use their premises as our Headquarters. The atmosphere there is more friendly, the staff are more qualified, the restaurant is open all evening now the swimming pool has re-opened, and of course there are circuit classes, badminton, squash and the gym to take advantage of. A Silver Corporate Membership has been set up for us at a special price of £26.00 per adult and family members will be £9.00 each (children under 16 or students under 18). Many of the Harriers are already members here and I hope that those who turn up for training on a regular basis will take up membership at the Centre. *I have been asked by the Management if all memberships could be completed by the end of February.* Please pass your Application forms to Bonny first (together with your photograph and fee). For those who also want to use the gym, a group assessment date will be arranged for us as a block booking, so let Bonny know if you are interested in this.

RUNNING IS MY FAVOURITE SPORT

By Katie Farnham - Aged 12

*Running is my favourite sport
I like it quite a lot,
Especially when I win a race
It's just like winning the Jackpot*

*I'm nervous at the beginning,
Can't wait until the end,
And if its in the woods,
There sure be lots of bends.*

*Your racing round the track
Or in the countryside,
When your sprinting for the finish,
It's like zooming down a slide.*

*I've finished the race,
And I've had a good win,
And so right now,
I've got a great big grin.*

CLUB ADVERTISING

If anyone has an article they would like incorporated within the Newsletter, please pass the details to Bonny and I will include them in the next edition.

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RESULTS ROUND-UP

Today's Runner - Instead Rise - 5/1/97

Following good placings by Andy, Kevin, Robert, Stuart and our two Vet men, Bob and David, the men finished 3rd team and on the day and with Helen and Fayne finishing 11th and 19th women, we finished second place to Paddock Wood. Our combined position now after this the fourth race in the series is 3rd place overall with just three points separating the first three teams.

5th	Andy Colling	25.47	
7th	Kevin Mitchell	25.58	
16	Robert Hall	27.17	
27	Stuart Turner	28.22	
36	Bob Davison V40	29.11	
38	Dave Joy	29.16	
52	Bonny Appleby FV35	29.59	1st Lady
57	David Smith V40	30.12	
60	Jerry Reilly V40	30.21	
62	Dave Lightburn V40	30.31	
63	Roy Gooderson	30.35	
64	Joe Hicks V40	30.36	
66	Sean Reilly	30.40	
70	Doug Hinsley	30.50	
114	Helen Paine FV45	34.01	11th Lady
119	Pete Wyeth V50	34.24	
141	Fayne Stone FV35	35.56	19th Lady
173	Ivan Morris	40.22	
183	Erica Akerman FV55	48.04	
185	Sharon Proudlove	52.34	

HASTINGS 10k - 12/1/97

Denise Farnham	FV40	39.37	
Dave Joy		39.54	
Bonny Appleby	FV40	40.03	
Julian Murray		41.02	
Arthur Barnes		41.06	
Alastair Telford		42.15	
Dave Lightburn	V40	42.34	
Helen Paine	FV 50	43.13	1st V50
Doug Hinsley		44.10	
Peter Wyeth	V50	44.38	
Fayne Stone	V35	48.00	
Ivan Morris		51.26	

1st Ladies Team

Helen also took the new Ladies Vet 50 course record.

Today's Runner - Sittingbourne 19/1/97

David Farnham turned out for his first race in the series finishing 2nd behind James Batchelder (also a Junior). David was well supported with Andy, Robert, Paul, Stuart (another excellent run) and Arthur with Bob and Joe the scoring Vets. Our Ladies won the team again which gave us the overall winning team by a margin of 47 points on the day. We are now lying 2nd team overall, just two points behind Paddock Wood and just one point ahead of Medway.

2nd	David Farnham	25.46	
7th	Andy Colling	26.40	
10	Robert Hall	26.57	
13	Paul Stevenson	27.39	
23	Stuart Turner	28.41	
35	Arthur Barnes	29.57	
37	Steve Reynolds	30.01	
40	Bob Davison V40	30.21	
46	Graham Warne	30.35	
48	Sean Reilly	30.38	
52	Joe Hicks	30.54	
56	Bonny Appleby FV35	31.00	3rd Lady
63	Dave Lightburn V40	31.22	
68	Dave Joy	31.40	
69	Mike Eason	31.41	
79	Doug Hinsley	32.03	
80	Denise Farnham FV35	32.04	5th Lady
85	Roy Gooderson	32.18	
86	Jerry Reilly V40	32.18	
102	Helen Paine FV45	33.19	8th Lady
109	Alastair Telford	33.43	
119	Jim Joiner V40	34.24	
127	Graham Sear	34.54	
183	Mark Trott	38.40	
200	Ivan Morris	39.47	
226	Sharon Proudlove	46.24	48th Lady
229	Erica Akerman FV55	50.50	50th Lady

In the Junior race ran over a course of approximately 2 miles, we had Simon Dunderdale who finished 3rd and Sam McDonald, 10th in the Boys race. Patti Taylor finished 2nd in the Girls race.

FINAL RACE IS ON SUNDAY 23RD FEBRUARY AT THE WHITBREAD HOP FARM - 11AM - WE CAN WIN THIS LEAGUE.

Canterbury 10 - 26/1/97**Hollandia -**

Vincent Bruins	57.29	
Peter Mettes	57.41	V40
Bouke Pitstra	57.44	V45 2nd V45
Hans Baart	58.04	
Leon Schaaf	61.35	V40
Simon Laan	62.05	V40
Nico Knol	62.05	V50
Jan Conijn	63.02	V45
Jan Smit	64.27	
Cees Rood	64.31	
Minne Boelens	64.34	V40
Jan Olsen	65.30	V50
Roel Toering	67.03	
Wim vander Meulen	73.31	V50
Bram Moeijes	75.32	V40
Wim Mus	78.36	V45

4th Mens Team**Harriers -**

Russell Bridges	59.38	
Bonny Appleby	63.25	FV40 1st Lady
Steve Clark	64.11	V40
Joe Hicks	64.30	V40
Bob Davison	64.42	V40
David Smith	65.08	V40
Jerry Reilly	65.52	V40
Julian Murray	65.59	
Alastair Telford	66.38	PB 1min40secs
Denise Farnham	66.37	FV40 3rd Lady
Dave Lightburn	67.11	V40
Doug Hinsley	72.07	
Alister Collard	73.28	
Dave Parnell	73.33	
Anita Smith	74.34	FV450 7th Lady
Fayne Stone	76.54	FV35 PB 3mins
Pete Greenwood	83.27	V50
Ivan Morris	79.51	
Maurice Bennett	81.00	V50
John Hartley	81.53	V50
Suzanne Jenkins	86.09	
Sharon Proudlove	93.47	
Shahida Quershi	94.37	FV40
Erica Akerman	1:46.00	FV50
Sue Reilly	1:54.46	FV40

1st Ladies Team**RACE DIARY****March**

2nd Tunbridge Wells Half Mar. 10.30am.
Reading Impress 10 & 20 miles c/d 17/2.
Woking 10 - Flat/fast. c/d 21/2.
Thanet 20. 10am. c/d 23/2.
Worthing 10. c/d 24/2.

16th Reading Half Marathon - AAA &
SEAA Championships - c/d 28/2. Also
Junior Races (min age 11). Good prizes.
Hasting Half Marathon.
Finchley 20 - 12.15pm.
Harold Wood 7k, Romford.

22nd London 10k Champs Crystal Palace.

23rd Fleet Pre-London Half Marathon c/d 28/2.
Paddock Wood Half Marathon - c/d 17/3.
Brentwood Charity Half Mar. c/d 17/3.
Tatsfield 5, Westerham. c/d 18/3.

28th Folkestone 10 - c/d 22/3. (& U/16s).

30th Docklands Half Marathon - c/d 21/3.

April

6th Saffron Walden 10k, Essex. c/d 1/4.

12th Harrow 10k, 3pm - c/d 5/4.

13TH LONDON MARATHON

26th Wealden 10, Biddenden. 10.30am.

27th Strode Park 5 (& Fun Run) c/d 20/4.

PLEASE REMEMBER THAT RACE ENTRY FORMS MUST
HAVE EITHER SEAA PERMIT APPLIED FOR OR A KITE
MARK FOR RACE TIMES TO BE INCORPORATED IN THE
LEAGUE TABLES.

Reminder

My new address is
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Herne Bay, CT6 5JQ
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